

# AIRS SIG Newsletter

Acute, Intensive, Residential Service (AIRS)

Volume 2, Issue 1



October, 2022

## Annual Newsletter:

### An Update from the AIRS SIG Co-Chairs

As our final year as Co-Chairs comes to an end we want to thank everyone for their work, investment, engagement, and commitment to the development and growth of the SIG in the midst of a pandemic! We started the SIG with just a few members and we have expanded to over 160 listserv members! That is outstanding and as far as we know we are the largest SCCAP SIG. Most importantly, we have learned so much from each other from insightful responses and advice on the listserv to virtual coffee-hours across a range of topics. Knowing we were all trying to row our boats in the same direction, we have come together and discussed how to join up and maximize our work in the areas of clinical service, research, teaching, training, mentoring, advocacy, and administration. We hope that the SIG and the listserv has been a helpful resource given the pivoting and challenges we have all experienced with the pandemic (we know it has been that for each of us). Even better, we have found great conversation, ideas, support, and partnerships through the listserv and interactions with many of you. Over the past two years, we have published newsletters; held virtual coffee hours, mentoring meetings, and an in-person Q & A session at APA; partnered for symposium; co-authored articles and book chapters; and have compiled two special issues. Again, a first for an SCCAP SIG. What we have accomplished in the development year and first two years of the SIG is impressive. We look forward to what is coming next from discussing hot topics in virtual meetings and sharing evidence-based practices to mentoring and guiding each other through growth in challenging settings.

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## Update from the Co-Chairs (cont.)

Additionally, we should consider the benefits of research and white papers focused on training, treatment outcomes, and conducting research in acute, intensive, and residential settings, as well as the development of a conference to bring together the breadth and depth of our work in a unified and focused way. Finally, as the year ends, new elections will be held for leadership positions in the SIG to continue the work that has been started! We believe that things are just starting to get good. Together, we can and will move the field of acute, intensive, and residential care settings forward! A sincere thank you to each of you who participated and contributed to this SIG and allowed us to work and collaborate alongside you!

Sincerely,

Jarrold M. Leffler, PhD, ABPP  
Jarrod.Leffler@vcuhealth.org

Aaron Vaughn, PhD  
Aaron.Vaughn@cchmc.org

## AIRS SIG Election Coming Soon!

We are at that time to elect our second slate of board members to the AIRS SIG Executive Board. Please complete the survey (linked below) if you would like to nominate yourself or a colleague for any of the positions on the AIRS SIG Executive Board. For self-nominations, please include a brief candidate statement. For nominations of colleagues, please include a brief statement regarding why you are nominating them and their email address so we can contact them.

### **Please complete your nominations by October 31, 2022**

After October 31, Drs. Jarrod Leffler, Aaron Vaughn, and Alycia Thompson will review nominations, follow up on any needed candidate statements, and create a survey/voting ballot for Executive Board positions that will be sent to the AIRS SIG members.

<https://forms.gle/ojjLs6m7RRUFqvGaA>

Thank you all for your continued engagement in the AIRS SIG!

Alysha Thompson, Jarrod Leffler, & Aaron Vaughn

## Updates from the AIRS SIG Education Committee

*Kelly Walker, Ph.D. & Nathaniel Van Kirk, Ph.D.*

It has been a busy couple of months for the AIRS SIG. The coffee hour educational initiatives have been in full swing and well attended, including a wide array of topics from discussions of *Inpatient Unit Structure, Developing and Maintaining Specialty Intensive Programs*, and *Conducting Virtual Partial Hospital Programs*. In the coming months, highlighted topics will include *Internship in acute, intensive, and residential settings*, *Working with Schools*, and *Postdoctoral fellowship in acute, intensive and residential settings*.

As the 2022 conference season continues, it has been wonderful to see so many presentations by AIRS SIG members and a growing interest in acute care service. We hope you will join some of the AIRS Sig board members at ABCT and hope SIG members will share upcoming presentations with the listserv. A number of the AIRS SIG board members will be presenting on Saturday (11/19) at 4pm as part of the symposium on *The Collateral Consequences of COVID-19: Psychological & Behavioral Sequelae among Psychiatrically Acute Adolescents*. As the conference weekends approach, we hope members of the SIG will share their upcoming conference presentations with the group through the AIRS SIG email list.

**COFFEE  
TALK**

**TUESDAY, OCTOBER 18  
3PM EST**

*Hospital to School  
Transitions*

The focus of this talk will be on the relationship between school and acute psychiatric care settings, with emphasis on what providers in the acute care setting can do to support the return to school after admission. The goal is to provide an opportunity to discuss topics/issues relevant to psychiatric hospitalization-to-school transitions.

Join Zoom Meeting  
<https://jhjhm.zoom.us/j/96296388244>  
 Meeting ID: 962 9638 8244

ACUTE INTENSIVE RESIDENTIAL SERVICE SPECIAL INTEREST GROUP



# EARLY CAREER CONSULTATION GROUP

8 P.M.

**18**  
**OCT**

**COME AS YOU ARE!**

COME JOIN US FOR AN INFORMAL  
GROUP OPPORTUNITY TO DISCUSS  
TOPICS & ISSUES RELEVANT TO  
THOSE OF US IN OUR CAREER IN  
ACUTE CARE SETTINGS!

Join Zoom Meeting: <https://jhjhm.zoom.us/j/91519666034>  
Meeting ID: 915 1966 6034

# SIG Board Members

## **Co-Chairs**

**Jarrold Leffler, PhD, ABPP:** *Chair, Division of Child and Adolescent Psychology Department of Psychiatry Virginia Commonwealth University*

**Aaron Vaughn, PhD:** *Associate Professor of Pediatrics, Senior Director of Behavioral Health Programming, Cincinnati Children's Hospital Medical Center*

## **Chair-Elect**

**Alysha Thompson, PhD:** *Assistant Professor, University of Washington Clinical Director, Psychiatry and Behavioral Medicine Unit, Seattle Children's*

## **Secretaries**

**Stephanie Clarke, PhD**

*Clinical Instructor of Psychiatry and Behavioral Sciences, Stanford University School of Medicine*

**Rachel Schein, PsyD:**

*Coordinator of Diagnostic Services & Clinical Training, Devereux Advanced Behavioral Health*

## **Treasurer**

**Jennifer Wolff, PhD:** *Associate Professor, Warren Alpert Medical School of Brown University, Staff Psychologist, Rhode Island Hospital and Bradley Hospital, Director of the Adolescent Mood Clinic*

## **Communication Members at Large**

**Cassandra Esposito, PhD:** *Director of Behavioral Health Programming, Acute Child Inpatient Program, Cincinnati Children's Hospital Medical Center*

**Katelyn Affleck, PhD:** *Clinical Assistant Professor in Psychiatry and Human Behavior, Staff Psychologist, Bradley Hospital, Consulting Psychologist. Lifespan Behavioral Health Team, Rhode Island Training School*

## **Membership and Marketing Members at Large**

**Kristin Scott, PhD:** *Pediatric Psychologist, UT Southwestern, Child & Adolescent Inpatient Psychiatry Unit*

**Carl Waitz, PsyD:** *Attending psychologist, Boston Children's Hospital, Acute Inpatient Service, Clinical Instructor at Harvard Medical School*

## **Education Committee Co-Chairs**

**Kelly Walker Lowry, PhD:** *Director of Training at Lurie Children's Hospital and an Assistant Professor of Psychiatry and Behavioral Sciences at Northwestern University, Feinberg School of Medicine*

**Nathaniel Van Kirk, PhD:** *Director of Inpatient Group Therapy at McLean Hospital and serves as the Coordinator of Clinical Assessment at the OCD Institute residential treatment program.*

### **Science Committee Co-Chairs**

**Michelle Patriquin, PhD, ABPP:** *Director of Research and Senior Psychologist, The Menninger Clinic Assistant Professor, Baylor College of Medicine*

**Elizabeth Reynolds, PhD:** *Director of Acute Psychological Services; Co-Director, Pediatric Medical Psychology, Associate Professor of Psychiatry and Behavioral Sciences, Johns Hopkins School of Medicine*

### **Practice Committee Co-Chairs**

**Ashley Warhol, PhD:** *Psychologist IV, Massachusetts Department of Developmental Services*

**Elisabeth Frazier, PhD:** *Clinical Associate Professor of Psychiatry and Human Behavior, Brown Attending Psychologist - E. P. Bradley Hospital*

### **Early Career Members at Large**

**Mackenzie Sommerhalder, PhD:** *Assistant Professor, Director of Acute Clinical Services – University of Maryland School of Medicine*

**Meredith Reiman, PhD:** *Director of Behavioral Health Programming, Acute Adolescent Inpatient Program, Cincinnati Children's Hospital Medical Center*

### **Trainee Members at Large**

**Mel English, PsyD:** *MedStar Montgomery Medical Center*

**Shayna Cheek, PhD:** *Duke University*

**Do you have ideas for what you want to read in the next edition?  
Do you have thoughts about the AIRS SIG or the questions in the  
field?**

**Let us know!**

**Ideas and thoughts welcome over email:**

**[Cassandra.esposito@cchmc.org](mailto:Cassandra.esposito@cchmc.org) & [Katelyn\\_affleck@brown.edu](mailto:Katelyn_affleck@brown.edu)**

