

# AIRS SIG Newsletter

Acute, Intensive, Residential Service (AIRS)

Volume 3, Issue 1



July, 2023

## Annual Newsletter: An Update from the AIRS SIG Chair

We have had another great year in the AIRS SIG, with our new board members starting in January 2023. I'm excited to continue to work with folks who have been on the board in previous years and to welcome new members of the board to our group! I have continued to appreciate the collaboration by our members in the AIRS SIG, through sharing of resources on our list serv, active discussion, problem solving, and recommendations regarding AIRS, and through networking and discussion in our coffee hours and Early Career Consultation Group. This year, we have seen many new and timely publications related to AIRS by our members and I continue to be impressed by the work done by our members, especially given that the majority of folks are primarily clinicians and administrators, without dedicated research time and funds. Some highlights of recently published journal articles and books are found later on in this newsletter.

We are continuing to expand our membership and excited to welcome psychologists working across inpatient psychiatry, intensive outpatient and partial hospital programs, and residential treatment to the AIRS SIG. If you know of psychologists who are working in these settings and not yet connected to the AIRS SIG, please share our membership form to get them connected, found here: <https://sccap53.org/special-interest-groups/current-special-interest-groups/acute-intensive-and-residential-service-special-interest-group/>

Looking ahead, I'm excited to see many of you in person at APA! We will have a social hour in the SCCAP hospitality suite in the Marriott Marquis on Friday, August 4<sup>th</sup> from 11-11:50; it will be so great to connect in person, especially since we are spread across the country with few opportunities to see each other in person! Later in this newsletter you can find more information about where to find AIRS members at APA details later in this issue.

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## Update from the Chair (cont.)

I am also looking forward to upcoming coffee hours highlighting a number of relevant topics to AIRS, including internship in AIRS settings, virtual partial hospitalization programs, post-doctoral fellowships in AIRS settings, and supporting youth with school avoidance. Details can be found later in this issue. If you haven't dropped in to our Early Career Consult Group, please do so to meet other early career psychologists who are discussing transitions to new roles in AIRS settings. You can find more details later in this issue.

I continue to be grateful for this community, especially as we all continue to work to address the rising acuity in our patient populations across setting. Real time discussion of what we are seeing is helpful to be nimble in our practice and I love having access to so many experts in our field. Thank you all for the incredible and hard work you do, caring for youth and their families who are struggling with serious mental illness.

Alysha Thompson, PhD  
[Alysha.thompson@seattlechildrens.org](mailto:Alysha.thompson@seattlechildrens.org)

## AIRS SIG Membership Survey!

The Membership and Marketing Members at Large, Drs. Carl Waitz and Jacklyn Aldrich, would like to invite members to participate in a survey to help us get to know our current membership. As we have grown significantly in the last few years, we want to take this opportunity to ask about yourself, current roles and settings, interests related to SIG participation, and research interests and work.

**Completion of the survey should take 5-10 minutes—your participation will be invaluable to us!**

We hope to be able to share results with the SIG by developing a membership and resource database from this information. If you have any questions or concerns about survey completion, please contact Carl or Jaclyn directly. We appreciate everyone's time!

<https://forms.gle/fztFT6GYseMrFrqRA>

# AIRS SIG at APA 2023!

*See you in D.C.!*



**WASHINGTON DC**  
**AUGUST 3-5**

**APA**  
**2023**

**Division 53-**  
**AIRS SIG**  
**Programs**



**SOCIETY OF CLINICAL  
CHILD & ADOLESCENT  
PSYCHOLOGY**

**Helping or Harming?:  
Effectiveness and Iatrogenesis  
in Child/Adolescent Inpatient  
Psychiatric Units**  
Carl Waitz, Jarrod Leffler, Alysha  
Thompson, Aaron Vaughn,  
Jennifer Wolff

Location: Level 1, Rm 143B  
Convention Center

***Friday August 4th, 8am-8:50am***

**Acute, Intensive, and  
Residential Services Special  
Interest Group (AIRS SIG)  
Social Hour**

Location: SCCAP Hospitality  
Suite- #8207, Marriot Marquis,  
901 Massachusetts Ave NW

***Friday August 4th, 11am-  
11:50am***

**REGISTER AT  
[CONVENTION.APA.ORG](http://CONVENTION.APA.ORG)**

Acute Intensive & Residential Service  
Early Career Consultation Group

# AIRS MONTHLY CONSULTATION GROUP

## Every Third Tuesday



8.00 pm EST

**(Informal) opportunity to discuss topics & issues relevant to those of us early in our careers working in acute care settings**

*"Early Career" is defined as "earned your doctoral degree no more than 10 years ago" so anyone who fits that criteria is more than welcome to join!*



April 18th



May 16th



June 20th



July 18th



August 15th



September 19th



October 17th



November 14th\*

\*second Tuesday

ZOOM LINK:

<https://jhjh.m.zoom.us/j/99077666958>

# Science Committee Updates

*Elizabeth Reynolds, PhD*

## Check out these publications highly relevant to AIRS:

- Psychiatric Boarding Patterns during COVID-19 pandemic  
<https://jamanetwork.com/journals/jamanetworkopen/fullarticle/2806865>
- PHP review: <https://www.clinicalkey.com/#!/content/playContent/1-s2.0-S0890856723003052?returnurl=https%2F%2Flinkinghub.elsevier.com%2Fretrieve%2Fpii%2FS0890856723003052%3Fshowall%3Dtrue&referrer=https%2F%2Fpubmed.ncbi.nlm.nih.gov%2F>
- ASD on Inpatient: <https://www.mdpi.com/2077-0383/11/21/6328>
- Post-discharge service following inpatient: <https://journals.sagepub.com/doi/10.1177/13591045221125634>
- Impact of COVID on inpatient admissions: <https://journals.sagepub.com/doi/10.1177/13591045211030666>
- Rapid stabilization pathway: <https://acamh.onlinelibrary.wiley.com/doi/full/10.1111/camh.12636>
- Trauma informed residential care: <https://pubmed.ncbi.nlm.nih.gov/36708646/>
- Race and restraint/seclusion: <https://www.clinicalkey.com/#!/content/playContent/1-s2.0-S0890856723000461?returnurl=https%2F%2Flinkinghub.elsevier.com%2Fretrieve%2Fpii%2FS0890856723000461%3Fshowall%3Dtrue&referrer=https%2F%2Fpubmed.ncbi.nlm.nih.gov%2F>
- Sleep and inpatient psychiatry: <https://onlinelibrary.wiley.com/doi/10.1002/jclp.23558>
- Patient journey mapping in the ED: <https://pubmed.ncbi.nlm.nih.gov/36609956/>
- ACES and Partial Hospitalization: <https://pubmed.ncbi.nlm.nih.gov/36465480/>
- Safety of calling 911 for Black youth: <https://pubmed.ncbi.nlm.nih.gov/35622301/>
- Ethical considerations of s/r and COVID-19 exposure: <https://pubmed.ncbi.nlm.nih.gov/35513190/>
- Cannabis use after inpatient: <https://pubmed.ncbi.nlm.nih.gov/36799676/>
- Operational changes and COVID 19 on inpatient: <https://pubmed.ncbi.nlm.nih.gov/36813024/>
- Tech supported sex ed in inpatient care: <https://pubmed.ncbi.nlm.nih.gov/35221643/>
- Book: Handbook of Evidence Based Day Treatment Programs for Children and Adolescents  
<https://link.springer.com/book/10.1007/978-3-031-14567-4>

## (Publications cont.)

- Youth Suicide Prevention and Intervention: <https://link.springer.com/book/10.1007/978-3-031-06127-1>
- Suicide in Children and Adolescents: New Interventions and Risk Factors: <https://www.routledge.com/Suicide-in-Children-and-Adolescents-New-Interventions-and-Risk-Factors/Patriquin-Rufino/p/book/9781032058412>

## Article Spotlight

Hayes, C., Simmons, M., Palmer, V., Hamilton, B., Simons, C., & Hopwood, M. (2023). Key features of adolescent inpatient units and development of a checklist to improve consistency in reporting of settings. *Journal of psychiatric and mental health nursing*, 30(1), 74–100.

<https://doi.org/10.1111/jpm.12856>

Claire Hayes from Monash University, Melbourne Vic., Australia along with a number of colleagues recently published a paper in *The Journal of Psychiatric & Mental Health Nursing* focused on reviewing the descriptions of adolescent mental health inpatient units in order to identify key defining features. The review and identification of features was used to develop a checklist intended to improve consistency when reporting on adolescent mental health inpatient units. The proposed checklist includes: country and location of inpatient unit, catchment area, admission rates, readmission rates, unit capacity, referral source/s, length of stay, age range, gender, predominant gender, admission criteria, predominant diagnosis, secure status of unit, open or closed groups, staffing and equivalent full time, staffing and equivalent full time, adolescent/staff ratios, shifts, allied health, outcome measures routinely used, intervention/s provided, staff delivering interactions, attached services, facilities, discharge procedures, treatment framework/model of care, unit aims/objectives, unit philosophy, and funding source.

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*AIRS Community...what are your thoughts on standardizing reporting for inpatient units and the impact this would have on reporting expectations for manuscripts? What additional features are to be considered?*

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*If you are interested in further discussion, reach out to science chair, Liz Reynolds  
[ereynol9@jhmi.edu](mailto:ereynol9@jhmi.edu).*

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# AIRS Coffee Hour

## Calendar 2023

Date & Time	Topic	Presenters
February 28, 2023 3:00pm (EST)	<i>The Rapid Stabilization Pathway: A Unique Approach to Acute Inpatient Care for Adolescents</i>	Dr. Deanna Sams
June 13, 2023 3:00pm (EST)	Research Idea Brainstorm	Liz Reynolds, PhD
August 29, 2023 2:00pm (EST)	Microaggressions in Acute Care Settings	Leyla Erguder, PhD
September 26, 2023 3:00pm (EST)	Internship in acute, intensive, and residential settings	Patricia Garibaldi, MS Rachel Schein, PsyD, HSP
October 4, 2023 3:00pm (EST)	Adapting to Virtual Partial Treatment	Elisabeth Frazier, PhD
November 14, 2023 3:00pm (EST)	Post-Doctoral Fellowships in Acute, Intensive, & Residential Care	Alysha Thompson, PhD Jarrod Leffler, PhD, ABPP
December 5, 2023 3:00pm (EST)	Challenges and Strategies to Supporting Students with Significant School Avoidance	Jennifer Hellmuth, PhD

Check your Listserv email for the Zoom link leading up to the AIRS Coffee Hours!

# SIG Board Members

## *Chair*

**Alysha Thompson, PhD**  
[alysha.thompson@seattlechildrens.org](mailto:alysha.thompson@seattlechildrens.org)

## *Chair-Elect*

**Elisabeth Frazier, PhD**  
[elisabeth\\_frazier@brown.edu](mailto:elisabeth_frazier@brown.edu)

## **Secretaries**

<b>Stephanie Clarke, PhD</b> <a href="mailto:clarkest6@gmail.com">clarkest6@gmail.com</a>	<b>Ana Ugueto, PhD</b> <a href="mailto:ana.ugueto@uth.tmc.edu">ana.ugueto@uth.tmc.edu</a>
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## **Treasurer**

<b>Jennifer Wolff, PhD</b> <a href="mailto:jennifer_wolff@brown.edu">jennifer_wolff@brown.edu</a>
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## **Communication Members at Large**

<b>Katie Affleck, PhD</b> <a href="mailto:katelyn_affleck@brown.edu">katelyn_affleck@brown.edu</a>	<b>Cassandra Esposito, PhD</b> <a href="mailto:cassandra.esposito@cchmc.org">cassandra.esposito@cchmc.org</a>
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## **Membership and Marketing Members at Large**

<b>Jaclyn Aldrich, PhD</b> <a href="mailto:jaclyn.aldrich@nationwidechildrens.org">jaclyn.aldrich@nationwidechildrens.org</a>	<b>Carl Waitz, PsyD</b> <a href="mailto:carl.waitz@childrens.harvard.edu">carl.waitz@childrens.harvard.edu</a>
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## **Education Committee Co-Chairs**

<b>Rachel Schein, PsyD, HSP</b> <a href="mailto:rachelschein@gmail.com">rachelschein@gmail.com</a>	<b>Nathaniel Van Kirk, PhD</b> <a href="mailto:nvankirk@partners.org">nvankirk@partners.org</a>
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## **Science Committee Chair**

<b>Elizabeth Reynolds, PhD</b> <a href="mailto:ereynol9@jhmi.edu">ereynol9@jhmi.edu</a>
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## **Practice Committee Co-Chairs**

<b>Jennifer Hellmuth, PhD</b> <a href="mailto:jennifer.hellmuth@lifespan.org">jennifer.hellmuth@lifespan.org</a>	<b>Caroline Hodgson, PhD</b> <a href="mailto:caroline.hodgson@nationwidechildrens.org">caroline.hodgson@nationwidechildrens.org</a>
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## **Diversity Committee Chair**

<b>Leyla Erguder, PhD</b> <a href="mailto:lerguder@partners.org">lerguder@partners.org</a>
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## **Early Career Members at Large**

<b>Meredith Reiman, PhD</b> <a href="mailto:meredith.reiman@cchmc.org">meredith.reiman@cchmc.org</a>	<b>Mackenzie Sommerhalder, PhD</b> <a href="mailto:msomme13@jhmi.edu">msomme13@jhmi.edu</a>
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## **Trainee Member at Large**

<b>Patricia Garibaldi, MS</b> <a href="mailto:patricia.garibaldi@northwestern.edu">patricia.garibaldi@northwestern.edu</a>
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## **Past Chairs**

<b>Jarrod Leffler, PhD, ABPP</b> <a href="mailto:jarrod.leffler@vcuhealth.org">jarrod.leffler@vcuhealth.org</a>	<b>Aaron Vaughn, PhD</b> <a href="mailto:aaron.vaughn@cchmc.org">aaron.vaughn@cchmc.org</a>
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**Do you have ideas for what you want to read in the next edition?  
Do you have thoughts about the AIRS SIG or the questions in the  
field?**

**Let us know!**

**Ideas and thoughts welcome over email:**

**Cassandra.esposito@cchmc.org & Katelyn\_affleck@brown.edu**



**SOCIETY OF CLINICAL  
CHILD & ADOLESCENT  
PSYCHOLOGY**

